

# Gérard Mène

Soke Gérard Mène (martial nickname: Smilodon), has been practicing martial arts for over 40 years.

Hanshi G. Mène, honored with the gold medal of youth and sports, graduate professor of Karate, expert in martial arts regularly leads Kempô-karate and self-defense courses in France.



If his favorite disciplines are currently Ryu-Kyu Kempô, Goshin-jutsu and Tsubo-jutsu, he has studied and graduated in Judo, Karate, Jujutsu, Sambo, Kick boxing, Toreikan Budo, Kobudo, Yawara, Bujutsu ...

After having long been the disciple of Hanshi Henry Plée, who elevated him to the martial title of Renshi, he took off and studied with other great masters in Europe, United States and Okinawa in order to perfect his practice. He studied certain contemporary trends, but also various energetic disciplines which he integrated into his courses.

His practice of Kempo-Karate and Practical Self-Defense is also to be related to ancient Japanese and Chinese practices such as tai-chi chuan, Kempo (Chinese arts), Kyusho-jutsu.

He ends up reaching the third and final level of martial initiation, the title of "Hanshi", corresponding to the Menkyo-Kaiden.

During his years of teaching, he awarded more than a hundred black belts in the different clubs he had the opportunity to found and he founded the kyusho jutsu federation more than 10 years ago. Today he is

the principal and principal teacher of the school he created SHOBUKAI RYU.