

Michel Nehme

Dr. Michel Nehme was born in Bcharre, North Lebanon, under the shade of the Cedars. Since boyhood, he was drawn to martial arts, beginning his journey at the age of 18 when he arrived in Parma, Italy in 1974 to study medicine. He graduated with degrees in Pneumology and Physical Therapy.

During his university studies, every evening over the course of 6 years, he practiced Aikido, Judo, Jujitsu, and Karate, up to the level of 1st Dan. Following that, he dedicated his practice only to Aikido and Shotokai Karate. His practice in Karate went on for 15 years under the guidance of the Master Tetsuji Murakami,



disciple of O-Sensei Engami, assisted by the Masters Freschi and Maltoni. Dr. Nehme obtained the authorization from CONI (FILPJ) to then teach Karate. In the meantime, his Aikido practice continued with Master Motokage Kawamukai and with his assistants Gramendola and Masetti, and for a long period with Master Giovanni Filippini, National Technical Director of FILPJ Aikido Sector.

Master Nehme attended numerous seminars of study and practice with illustrious Shihan of worldwide renown, direct disciples of O-Sensei Ueshiba, including Shihan Andre Noquet (8th Dan), Shihan Yasuo Kobayashi (8th Dan), Shihan Koichi Tohei (10th Dan), Shihan Masamichi Noro (8th Dan), and Shihan Nobuyoshi Tamura (8th Dan).

In 1985, Master Nehme encountered Sensei Saito Shihan (9th Dan), founder of Takamusu Aiki Iwama Ryu, when he came to Italy. Since then, Master Nehme, along with Master Flavio Pellicelli and Master Massamiliano Furlanetto, dedicated their practice exclusively to the Iwama style. He participated in many monthly seminars directed by Master Takeji Tomita, Uchideshi of Morihiro Saito Sensei, with the objective of perfecting his practice of TAI JIUTSU and BUKI WAZA of Takemusu Aiki.

In 1988, Master Nehme left FILPJ-CONI and affiliated instead with IWAMA-RYU with his group 'Aikido Insieme' (Aikido Together).

In 1993, he became a Federal Teacher under FESIK, together with Masters Marri, Visentini, Oscari, and

Lisco, with the sole desire being to contribute to the unification and connection of all Aikido practitioners in Italy.

In 2007, the National Board of FESIK met in Gaeta under the founder and then-President Carlo Henke. They unanimously decided to confer the level of 7th Dan to Master Nehme and to nominate him National Technical Director of the Aikido Sector of FESIK, as such honouring his long journey in the practice of martial arts, filled with passion, commitment, understanding and openness.

He has always reached out to work with everyone, and he still does, practicing with humility and serenity, transmitting not only the technical capacity but also the human values of friendship, solidarity, and simplicity. He remains forever convinced that diversity in the practice ultimately leads to enrichment of the martial arts.

In 2008, he proposed to the federation of FESIK-DA to partner with TAAI (Takemuso Aiki Italy), directed by Shihan Paolo Nicola Corallini (7th Dan), and open the sector of Aikido to new international experiences, inviting Shihan Gyaku Homma (7th Dan), head of the NIPPON-KAN school, Shihan Yamada Yoshimitsu (8th Dan), head of Aikikai New York and President of United States Aikido Federation (USAF), and Sensei Shigemi Inagaki (7th Dan), Aikikai Iwama, to lead seminars within his group in Italy.

On September 4th, 2010, Master Nehme was nominated President of the Associated Disciplines (FESIK-DA), and elected out of more than 40 groups to be one of 5 National Federal Advisors.

The Federal Board of FESIK-DA is part of WUKO-DA (more than 40 years of history and more than 100 organizations worldwide).



Since 2008, he has been following Yamada Sensei, inviting him to various seminars, and thanks to his dedicated work and to the fact that the relationship with Sensei deepened, Master Nehme was able to ask Yamada Sensei to become the International Consultant and Technical Advisor for the Aikido sector of FESIK-DA, which now is called "Aikido Insieme Italia" (Aikido Together Italy), which includes all the practitioners of Aikido affiliated with FESIK-DA. On September 4, 2010 he was appointed President of the Associated Disciplines of FESIK-DA and elected by over forty associations to be one of the five "Federal National Councils" (FESIK-DA).

The federal council of FESIK-DA joined the WUKO-DA (with more than 40 years of history and more than 100 organizations around the world). In that meeting, the Federal Council

unanimously approved the technical choice of Yamada Sensei.

In February 2014, invited by Yamada Sensei, he traveled to Japan together with Masters Marri and Furlanetto, to be presented to Doshu Moriteru Ueshiba, Director of Aikikai Foundation.

In 2015, they became members of the SANSUIKAI, a group of European teachers under the guidance of Yamada Sensei.